



Supported Living



WALSINGHAM
SUPPORT *Everyone is different*

It's not just support, it's happiness.

We are Walsingham Support, a charity that has been supporting people with learning disabilities, autism, brain injuries and complex needs for more than 30 years.

Whether it's a couple of hours a week or 24-hour, seven-day support, we provide bespoke solutions that enable individuals with disabilities to live fulfilling, happy lives.

At Walsingham Support, we do things differently. We really take time to get to know the people we support; to identify their needs, to learn about their abilities and aspirations, and to recognise what makes them unique.

By taking this approach, we jointly develop and deliver tailored, person-centred support to enable every individual to live life to the full.

Flexibility is key to achieving this, but while our work and the support we provide constantly evolves to meet the demands of an ever-changing social care landscape, our vision has remained the same:

We seek an equal and diverse society, in which people with disabilities are citizens in their own right who are supported to be happy and to reach their full potential.



Supported Living

Our supported living services enable adults with a disability to have their own home with their own tenancy. This can be an individual house or flat, one of a group of purpose built flats or part of a shared house the options are as varied as the individuals we support.

So whether it's support to move out of a residential service, the family home or to find their own place after school or college, we know that the ideal solution will be the one that answers the individual's needs and aspirations best.





How does supported living work?

The clue is in the name, this isn't about defining or dictating how someone lives, it's about supporting them to live as independently as possible. Which means that the support provided will be as much or as little as needed. Because we tailor our support to match the specific needs of each individual the hours of support provided will always vary from person to person.

Every individual we support has a unique Personal Support Plan that captures their specific needs and details the support to be provided. This can range from flexible support during the day, in the evening, overnight and/or at weekends, right through to 24 hour support.

At the centre of everything has to be the individual being supported and a genuine understanding of all their needs, this ensures a solution that meets their unique goals and aspirations for the future.



Our support

Whatever the location staff encourage people to become involved in managing their own tenancy and home, while our flexible support caters for each individual's needs, from everyday tasks and personal care, to health, medication, and managing money.

We actively support people with social and leisure activities, college and work opportunities to strengthen bonds with family and friends, increase their social circle and enjoy an active role in their community. From this foundation we support each person to develop the skills and abilities they want to move on to the next stage in their lives.

This is all underpinned with practical solutions delivered by an organisation that has over three decades of experience to call on.

The support we provide has to be different for each person we support, we spend time to understand their unique capabilities and together create plans to help people live the way that makes them happiest. Within this we understand the importance of family, we see family as part of the team, with an active say in any support decisions made.





With a full understanding of an individual's needs and abilities we create practical solutions to match and support their aspirations. Delivering individually tailored support around everything from employment to social activities, communication and interaction skills in consistent and stable environments.

From this simple foundation we enable each person to develop the abilities they need to move on to the next stage in their lives. We work to ensure their support constantly evolves and adapts around them to meet their changing needs and goals.

It's all about developing skills, achieving independence and enjoying life to the full. It's delivering support to help individuals achieve the quality of life that everyone deserves.

Our staff

The success of Walsingham Support is built on the people we employ. Our staff see the individual not the disability, the potential not the barriers. They are chosen for their drive and passion, which we compliment by providing continuous personal development and a training programme that combines the best in contemporary skills development techniques alongside our own unique 'values' training, always emphasises our focus on the individual.

Into this we add specialist training focused on an individual's specific needs where applicable. This bespoke targeted training ensures that we can provide the exact skill set needed to meet every person's individual support needs.

The end result is a passion and positivity that runs throughout our charity, we all share the satisfaction of knowing, that together, we change people's lives for the better.

Walsingham Support staff:

- See the individual not the disability
- Look at the potential, not the barriers
- Are passionate about what they do
- Take pride in their job
- Deliver professionalism, dedication and high standards
- Are trained to deal with whatever challenges come their way
- Are as individual as the people they support



A new start - Sharon's story

Change was sudden and significant for Sharon when she lost both parents in quick succession. Being her primary carers the loss of her parents meant Sharon swapping her family home for a shared house with her support now provided by us. As a bright, funny and fiercely independent woman Sharon was the perfect addition to the house, but she was clear from the start that this was just the first step towards her goal of living independently.

Scott, Sharon's keyworker, worked with her to develop a clear staged plan to help develop the confidence she would need to live independently. Over the next 12 months they worked on key skills like, managing money, understanding and preparing food, household chores and taking an active role in decisions around her support needs.









Although determined to make the move to a place of her own, Sharon was understandably apprehensive about living alone and worried that she could be lonely. Our solution was simple. Find a flat near enough to the house she was leaving that Sharon could visit whenever the mood took her.

As a charity we were also able to provide Sharon with some additional funding for assistive technology to add to her new home. A pill dispenser helps Sharon easily manage her medication, while a security system gives her peace of mind when alone. With this new independence has come new interests and hobbies including baking and gardening.

This has made a huge difference to Sharon's life, but you don't have to take our word for it. "This has been a really positive experience for Sharon despite the sad changes in her life." says Steve, Sharon's brother. "She has blossomed"

Why we are different

As a leading national charity Walsingham Support have been supporting individuals to reach their personal goals right across England and Wales since 1986.

We start by getting to know each person really well. Once we understand their individual needs and abilities, we create practical solutions to match their aspirations.

All of our solutions are shaped by the people we support. What works for them is far more important than what works for us.

We honestly believe that our way of thinking sets us apart from other providers in our sector and we are proud to be different.



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Ladbrokes

GOAL
COMING
TO THE
RESERVE

If you would like to find out more about Walsingham Support and how we can help with the transition process please get in touch.



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